

NEW MOON TOMORROW (Tuesday Feb. 21st)
February 20, 2012

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We are once again at the New Moon point in the month, in this case the three days of purification also preceding the Tibetan New Year (called Losar) which will be celebrated Wednesday February 22, 2012, but the actual New Moon is always the day before the celebration, this year on Tuesday February 21, 2012 at 5:35 PM tomorrow.

So these days, today especially, are the final purification and dharma protector days before the end of the final month and the start of another New Year. All over the world in Tibetan monasteries special practices are chanted almost all day long. My wife Margaret is out at KTD (Karma Triyana Monastery) in the mountains above Woodstock, NY doing those practices right now.

So traditionally these days prior to the New Moon are quiet days, serious days for that matter, during which that which must be removed is removed and, in general, we are paring things down to what is really important in our lives.

Even in western astrology, these days are days of separating the wheat from the chaff, getting down to the nitty-gritty, the seed essence of our experience, and at core who we are. So, if it is a little heavy or dark out right now, just be patient for a couple of days and the mind will move, bringing a new lunar cycle and a new year of cycles.