

THE GOLDEN GARLAND OF THE KARMA KAGYU

[This blog is a special one for my fellow Karma Kagyu practitioners. And it may not be that useful for you either, but I find it very useful each and every day.]

As mentioned, this blog and booklet are for those of us who practice dharma in the Karma Kagyu lineage of Tibetan Buddhism. The history of this particular Mahamudra lineage (from Vajradhara through Tilopa, etc.) is very important for practitioners. These masters are all Mahasiddhas or great yogis who passed the precious teaching from birth to rebirth until modern times.

These are just images, fairly large imagines of each of the mind lineage holders of the Karma Kagyu. In my experience, it is not enough to note down the names of the lineage holders. You can do that, of course. These great masters are consciousness's that are realized and that exist today in the fabric of the mind as they did many centuries ago. They have not gone anywhere else but here.

I find it very much helps to bring these great saints to mind by name one-by-one, and by traditional image as well as by supplication, and prayer. I find it helpful (to me) to go through this lineage (known as the Golden Garland of the Kagyu Lineage), name by name, image by image, and mind by mind. I do this every day. I have a special practice-sadhana that I made, but I also like looking at the images of these great yogis, one by one.

To make that easier, I have taken the traditional images, numbered and named them, given their year

of birth and death (if known), and reproduced them large enough that you could even have one or more (or all!) printed out. It's a free download at this link.

http://traffic.libsyn.com/spiritgrooves/Karma_Kagy_u_Golden_Rosary.pdf

When words are not enough, often images will help, and thinking on each of these great lineage holders, individually, one after the other I find very helpful.

The word is "supplicate" and I ask for their blessing every day, each and every one. Making any kind of connection with these great masters is a connection that will bless our life. That's been my experience.

[These small images are just a presentation, download the free e-book that have the large images.]

"As Bodhicitta is so precious,
May those without it now create it,
May those who have it not destroy it,
And may it ever grow and flourish"

For those of you who would like to have access to other free books, articles, and videos on these topics, here are the links:

http://traffic.libsyn.com/spiritgrooves/Links_to_Michael_Erlewine-V2.pdf